

Hilchos Niddah Session #8

Recap of Session #7

Conduct during the Niddah Period

1. Niddah is an Ervah
(Premature death) for living together
2. Additional Prohibitions

Bais Yosef brings Avos D' Reb Noson

- A.
- B.

3. Rabbinic Prohibitions - General Guidelines

The _____ established a general guideline for conduct during this period
_____ is permitted, _____ is forbidden

- ❖ feelings of affection
- ❖ appreciation
- ❖ gifts

A woman wants to feel attractive to her husband

Practical applications

Full

Gazing at wife

Non covered places

Rav Moshe's guideline:

Gazing at a woman's beauty, intelligence, charm won't lead to sin

Hilchos Niddah Session #8

Covered places

forbidden

Niddah nightgown

- Genitals

Giving Birth – being in labor room

Woman in Labor

When a woman is in labor she is considered a Niddah

When is a woman considered in Labor?

1. (Any bleeding)
2. Can't walk
3. Water broke

Wife singing

Wife's hair covering

- Rabbinic Prohibitions

Physical contact

(:

Handing

Throwing

Exception – Throwing upwards

included in this would be

- ❖ sports
- ❖ bowling
- ❖ racquetball

Brisk walks are permitted

Hilchos Niddah Session #8

Mealtime

Eating at Same Table – Heker

Mealtime – break from busyness of day

With others present

Restaurant

Same Plate

Intimacy that husband and wife share

Her leftover drink

Harchokos more towards him than her

- ❖ Stronger desire
- ❖ His nature to pursue, not hers

He may not drink from her's (in her presence)

She may drink from his

Not obligated to inform

Kiddush

- ❖ He should drink first
- ❖ After she drinks he may not drink from that cup
- ❖ Forbidden for him to send her the cup

Sheva Brochos

Her left over food

He may not eat from her leftover food (in her presence)

She pouring his drink – in his presence

Hilchos Niddah Session #8

Including coffee

Private issues

❖ Niddah is an Ervah

Yichud is permitted

Therefore as a safeguard Chazal decreed a number of prohibitions:

- 1. lying in same bed**
- 2. Sitting together the same surface**
- 3. traveling for pleasure**

1. Lying together in the same bed

They are forbidden to lie together in the same bed, even if both are fully clothed, and they are not touching each other.

Need for two beds

Beds can not touch

Distance between Beds

- ❖ Night table
- ❖ Can't roll from his to her bed
- ❖ Guard rail

Lying on her bed

Sitting on her bed

She sitting on his bed

Preparing his bed in his presence

2. Sitting together on the same surface

Hilchos Niddah Session #8

Bench

Couch with separate pillow

Car

Rowboat

3. Traveling for pleasure

Only actually forbidden in manner that they will feel each other's motion

Rowboat

Bicycle built for two

Scheduling vacation

Summary of Session

Mealtime

Eating at Same Table – Heker

Same Plate

Her leftover drink

Her left over food

She pouring his drink – in his presence

Private issues

1. Lying together in the same bed

Need for two beds

Beds can not touch

Distance between Beds

2. Sitting together on the same surface

Bench

3. Traveling for pleasure